

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Flip Van Der Berg**

Has successfully participated & completed the

**16 Mile Green Mile Helpers Run**

held at Sport Park Complex.

**TIME 03:06:26**

**PACE 07:45/km**

**OVERALL 20 of 21**

**GENDER 14 of 14**

**SENIOR (20- 10 of 10  
39)**

21 March 2019, Thu

Date



*BoutTime*

Signature

